



Professional Chef Entry Form | 2023

First name(s)	<input type="text"/>		
Surname	<input type="text"/>		
ID number	<input type="text"/>		
Town of residence	<input type="text"/>	Male <input type="checkbox"/>	Female <input type="checkbox"/>
Residential Address	<input type="text"/>	Postal Address	<input type="text"/>
Cellphone	<input type="text"/>	Telephone	<input type="text"/>
E-mail	<input type="text"/>		
At what lodge / restaurant do you work?	<input type="text"/>	Duration of employment / work experience.	<input type="text"/>
Qualification	<input type="text"/>		

The Professional Chef round will be held on 04/08/2023 in Windhoek at Soweto Market.
All contestants need to travel on their own expenses.
Submit entry forms at any Nedbank branch or email ElsaCa@Nedbank.com.na

The **Professional Chef round** entries close on 27/07/2023

All participants to sign the following indemnity.

If you are under the age of 21, your parent/legal guardian should sign the following for you.

I undertake to participate entirely at my own risk. I agree that I shall have no claim whatsoever against the organising body, any individual organiser or official, assistant, helper, the sponsors or any local authority or their employees, in respect to any loss or damage whatsoever that I may suffer arising from injury to my person or loss or damage to property which may arise and regardless of whether or not same shall have been caused directly or indirectly by the negligence of one or more of the aforementioned parties.

I agree to participate in the 2023 Nedbank Kapana Cook-Off subject to the rules including the waiver, failing which I acknowledge that I could be disqualified from the competition on the breach of any rule.

Signature

Signature Guardian
(if under the age of 21)

Professional Chef Entry Form | 2023



Rules for the Professional Chef round

1. Participants in the Professional Chef round have to have formal Chef qualification/training and working experience in the food industry.
2. Parents/Legal Guardians of participants under the age of 21 should sign an indemnity form on day of the cook-off, when the participant register.
3. Participants are to provide the following:
 - Their own special Kapana spice, a knife for chopping, a clean chopping board and bowls
 - Their own transport/accommodation
4. Participants should bring their ID cards along to the competition.
5. Nedbank will provide:
 - Grill, grid and the fire
 - Meat
 - Braai utensils
 - Salsa ingredients

(Each contestant must bring their own special secret Kapana spice mix and bowls to present to judges.)
6. Judging criteria:
 1. Hygiene
 2. Taste
 3. Skills
 4. Presentation
 5. Creativity but within Kapana tradition
7. Hygiene and safety in the kitchen will be paramount and taken into account when awarding points.
8. Participating chefs will braai Kapana during the Professional Chef round on 04/08/2023 in Windhoek at Soweto Market.
9. Winners of the last 2 years will not be allowed to take part in the 2023 cook-off.
10. The judging process will be facilitated by chefs from the Namibian Chefs Association.
11. The judges' decision will be final.
12. The winners of the Professional Chef round of the competition will win:
 - 1st place:** • Nedbank account with N\$10,000
• Professional assistance to develop the Kapana section of your menu.
 - 2nd place:** • Nedbank account with N\$7,000
 - 3rd place:** • Nedbank account with N\$5,000
14. The prize giving ceremony will take place on 04/08/2023 in Windhoek at Soweto Market directly after the competition ends.

Signature

Date

Supported by

